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He is currently on the faculty at Johnson State College in VT and the Academy for Five Element and affirmation and from Adam s Berry Farm, well
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The latest Tweets from Adam Holtey (@AdamHoltey). Qigong instructor, Author, Small business owner, sustainability enthusiast. Southern Oregon

Discount prices end today! qigong on monday!

Classes will be continuing every Monday night, led by either Adam Holtey or Deborah Davis (Deborah begins in February)! This Monday, Adam will have DVDs available of

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